

# The Lovesick Swing

4 wall linedance

## Basic Swing Pattern

1&2 chassé left LF-RF-LF  
3&4 chassé right RF-LF-RF  
5 LF rock back  
6 RF recover weight

7&8 chassé left LF-RF-LF  
9&10 chassé right RF-LF-RF  
11 LF rock back  
12 RF recover weight

## Rock Step, Reverse Pivot, Backward Roll

13 LF rock forward  
14 RF recover weight  
15 LF step back  
16 1/2 turn left, LF recover weight (6:00)  
17 1/2 turn left, step RF back (12:00)  
18 1/2 turn left, step LF forward (6:00)

## Basic Swing Pattern-Turn

19&20 1/4 turn left, chassé right RF-LF-RF (3:00)  
21&22 chassé left LF-RF-LF  
23 RF rock back  
24 LF recover weight

## Run, Kick, Ball-Change, Run, Pivot

25 RF step forward  
26 LF step forward  
27&28 RF kick-ball-change

29 RF step forward  
30 LF step forward  
31 RF step forward  
32 1/2 turn left, step LF forward (9:00)

## Sailor Steps

33&34 sailor step RF-LF-RF  
35&36 sailor step LF-RF-LF

## Electric Kick, Drunken Sailor Walk

37 RF rock forward  
38 LF recover weight  
39 RF rock back  
40 LF recover weight  
41 RF step across LF forward  
42 hold  
43 LF step across RF forward  
44 hold

## Sailor Steps

45&46 sailor step RF-LF-RF  
47&48 sailor step LF-RF-LF

## Weave into Jazz-Square

49 RF step across LF  
50 LF step to the left  
51 RF cross behind LF  
52 LF step to the left  
53 RF step across LF  
54 1/4 turn right, step LF back (12:00)  
55 1/4 turn right, step RF forward (3:00)  
56 LF step forward

## Backward Roll, Chassé's, Sync. Weave

57 1/2 turn left, step RF back (9:00)  
58 1/2 turn left, step LF forward (3:00)  
59&60 chassé right RF-LF-RF  
61&62 chassé left LF-RF-LF  
63 RF cross behind LF  
& LF step to the left  
64 RF step across LF

1 start over

**Music** : Heather Myles  
Broke and Broken Hearted  
**BPM** : (ECS)  
**Level** : Intermediate  
**Choreographer** : Tonny van Donk©

